



**For Immediate Release**

*Monday, January 29, 2018*

***A Grand Opening of the Discover Health Exhibition will be held at the Alamosa Public Library February 3, 2018 from 10:00 a.m. – 1:00 p.m.***

Bring the whole family! This is a hands-on, family-friendly health exhibition. Light healthy appetizers will be provided by the Woman's Citizenship Club. Heart Healthy Solutions will offer free Cardiac Risk Screening and there is even a hiking game "Rocky Mountain Heights" especially created by our local artist, Judith Boyd. The kids will love it!

The Discover Health Exhibition, also called Descubre la Salud, has multiple hands-on stations that will educate and inform the whole family about all sorts of health-related subjects.

"We are proud that **Alamosa Public Library** was selected to be one of ten sites in Colorado to host the *Discover Health/Descubre la Salud* exhibit," said **Salai Taylor, Library Manager**. We have partnered with **SLV AHEC (SLV Area Health Education Center)** to help bring this important exhibition to our community. We think people of all ages and backgrounds will find that this exhibition about how the human body works and healthy living ideas will be understandable, inspirational, and relevant. We hope the whole community will visit the exhibit and participate in the programs that are offered."

*Discover Health/Descubre la Salud* was developed by the University of Colorado's Area Health Education Centers (AHEC) Program Office, in collaboration with the STAR Library Education Network, and CLACE. *Discover Health/Descubre la Salud* is a bi-lingual informal education program funded by the National Institutes of Health Science Education Partnership Award.